

ROCK THAT SWING  DANCE CAMP 2012

Friday

Friday	Train The Trainer	20s Charleston	Blues	Balboa Beg
10:30-11:30	How To Make People Feel Comfortable Remy K. & Moe	Crazy Steps (Solo Charleston Routine) Bernard & Anne-Helene	Trick Me Blues Juan & Sharon	Balboa (1) Basics, Come Around Ali & Katja
11:50-12:50	The One Voice One Message Concept Ali & Katja	Collegiate Charleston (Partnered Charleston) Juan & Sharon	Walking Base Line Mikey & Laura G.	Balboa (2) Lollies, Turns Bernard & Anne-Helene
Lunch Break (12:50-13:40 h)				
13:40-14:40	Teamwork Joel & Valerie	Partnered Charleston Variations Michael & Evita	I Ain't Got Nothing But the Blues Bernard & Anne-Helene	Balboa (3) Throw Out & Inside Turn Olivier & Natasha
15:00-16:00	How To Teach Musicality For All Kinds of Swing Dances Olivier & Natasha	Broadway Baby! (int/adv) Michael & Evita	Acrobatics** (all levels) Nicolas & Mikaela	Authentic Jazz Juan

Friday	Boogie Woogie Beg	Boogie Woogie Int	Lindy Hop Beg	Lindy Hop Int
10:30-11:30	Boogie Woogie (1) 6-Count Basic & Basic Moves Pasha & Dasha	Twisted Turns Nicolas & Mikaela	Lindy Hop (1) Double Time Basic & Charleston Mikey & Laura G.	Interaction Pontus & Isabella
11:50-12:50	Boogie Woogie (2) Turns & Spins Thorbjørn & Susanne	Footwork Variations Pasha & Dasha	Lindy Hop (2) 6- and 8- Counts (Triple Time Basic) Thomas & Alice	Spins & Turns Michael & Evita
Lunch Break (12:50-13:40 h)				
13:40-14:40	Boogie Woogie (3) Fun Stuff Remy K. & Moe	Counter-Movements In Lead & Follow Thorbjørn & Susanne	Lindy Hop (3) Swing Out (Triple Time Basic) Ali & Katja	Building a Dance Jeremy & Laura K.
15:00-16:00	It's Party Time! Remy K. & Moe	Double Rhythm Shag: Slow, Slow, Quick, Quick Joel & Valerie	Shim Sham Chazz	Steal Dance Thomas & Alice

* Partner required

** Partner required and limited to 15 couples


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Saturday

Saturday	Boogie Woogie Beg	BW Beg/Int	BW Int	BW Adv	BW Comp*
11:00-12:00	Boogie Woogie (1) 6-Count Basic & Basic Moves Matthias & Regina	Solid Kicks Pontus & Isabella	Footwork Styling William & Maeva	Partner Rhythmics Nicolas & Mikaela	The Complete Package Thorbjørn & Susanne
12:20-13:20	Boogie Woogie (2) Turns & Spins Matthias & Regina	Break It Up! Thorbjørn & Susanne	Easy Is Fancy Pontus & Isabella	Dynamic And Different Rhythm William & Maeva	Remix Remy K. & Moe
Lunch Break (13:20-14:10 h)					
14:10-15:10	Boogie Woogie (3) Fun Stuff Thorbjørn & Susanne	Shake, Groove & Fun!!! Remy K. & Moe	May It Be a Bit Leadable? Matthias & Regina	Dancing With The Whole Body Pasha & Dasha	Partner And Music Connection Nicolas & Mikaela
15:30-16:30	Remy's Caribbean Shim Sham Remy K. & Moe	Building Variations Thorbjørn & Susanne	What We Like Dancing Slow (Blues) Thomas & Alice	West Coast Swing: Lady's Hijack (Lady, Take The Lead) Olivier & Natasha	Single Rhythm Shag: I like Betty Wood! Joel & Valerie

Saturday	LH Beg	LH Beg/Int	LH Int	LH Adv
11:00-12:00	Lindy Hop (1) Double Time Basic & Charleston Ali & Katja	Charleston Transitions Mikey & Laura G.	6-Count vs. 8-Count ... It's all Two's Michael & Evita	It's All About Rhythm (Slow Music) Thomas & Alice
12:20-13:20	Lindy Hop (2) 6- and 8- Counts (Triple Time Basic) Nicolas & Mikaela	Armwork for Lindy Hop Juan & Sharon	Stretch 2.0 And New Moves Ali & Katja	What You Need Mikey & Laura G.
Lunch Break (13:20-14:10 h)				
14:10-15:10	Lindy Hop (3) Swing Out (Triple Time Basic) Michael & Evita	10-Counts Pontus & Isabella	Walking On The Bass vs Groove Walk Thomas & Alice	Cool Lindy Moves William & Maeva
15:30-16:30	History Talk Chazz & Norma	Lindy Hop Competition: Strength, Conditioning and Timing for Aerials Michael & Evita	Shake That American Thing (Original 20s Routine) Mikey & Laura G.	Double Trouble (Acrobatics)** Juan & Sharon

Saturday	Balboa Beg	Balboa Int	Balboa Adv
11:00-12:00	Balboa (1)Balboa Basics, Come Around Joel & Valerie	Pure Bal Stuff Bernard & Anne-Helene	Amazing Flow Jeremy & Laura K.
12:20-13:20	Balboa (2)Lollies, Turns Bernard & Anne-Helene	The Art of Pure Balboa Jeremy & Laura K.	Crazy Texas Tommy Variations Olivier & Natasha
Lunch Break (13:20-14:10 h)			
14:10-15:10	Balboa (3) Throw Out & Inside Turn Mikey & Laura G.	Join Swivels To Paddle Variations Olivier & Natasha	Houlala Balboa Bernard & Anne-Helene
15:30-16:30	Stretch 2.0 For Lindy Charleston Ali & Katja	Balboa Competition: The Art of Subtlety Jeremy & Laura K.	Les Années Folles (20's Couple Charleston) Bernard & Anne-Helene

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Sunday

<i>Sunday</i>	BW Beg/Int	BW Int	BW Adv	BW Comp*
11:00-12:00	Groovy Moves Matthias & Regina	Playful Feet Thorbjørn & Susanne	No Dips Nor Tricks Pontus & Isabella	Give Them The Show Pasha & Dasha
12:20-13:20	Momentum Pontus & Isabella	Make 8 out of 6 Matthias & Regina	Showing Off The Music! Nicolas & Mikaela	More Social Dancing William & Maeva
Lunch Break (13:20-14:10 h)				
14:10-15:10	Fundamentals And More William & Maeva	Let's Connect Your Body!!! Remy K. & Moe	Wild, Fast & Movin' Matthias & Regina	Use Your Body Pontus & Isabella
15:30-16:30	20's Charleston Variations Ali & Katja	Some Kind Of Aerial* Thorbjørn & Susanne	How To Create Your Own Cool Figures (BW & LH, A+ Level) Pasha & Dasha	Fun Routine William & Maeva

<i>Sunday</i>	LH Beg/Int	LH Int	LH Adv	Shag Beg/Int
11:00-12:00	The Truth Michael & Evita	Footwork! Nicolas & Mikaela	It's All About Rhythm (Fast Music) Thomas & Alice	Shag (1) Basic & Foundation Jeremy & Laura K.
12:20-13:20	Turns & Spins Ali & Katja	Don't Disturb This Groove Mikey & Laura G.	Killerfornia Routine Juan & Sharon	Shag (2) Breaks & Variations Remy K. & Moe
Lunch Break (13:20-14:10 h)				
14:10-15:10	Walking On The Bass vs Groove Walk Thomas & Alice	The New School (1) Juan & Sharon	Be An Inspiration! Jeremy & Laura K.	Shag (3) Fun Stuff Sergey & Yulia
15:30-16:30	Frankie Manning Tribute Thomas & Alice	Solo Jazz Routine (adv) Nicolas & Mikaela	Lindy Hop Competition:* Crowd Pleasers Juan & Sharon	Trankey Doo Joel & Valerie

<i>Sunday</i>	Balboa Beg/Int	Balboa Int	Balboa Adv	West Coast Swing
11:00-12:00	Stretch Technique in Balboa Ali & Katja	Rhythm Is Our Business Mikey & Laura G.	Frenchie Style Bernard & Anne-Helene	Introduction to West Coast Swing Remy K. & Moe
12:20-13:20	Putting the Puzzle Together Jeremy & Laura K.	Bal-Swing Stuff Bernard & Anne-Helene	Impress Them Coming And Going! Joel & Valerie	Whip And Variations Olivier & Natasha
Lunch Break (13:20-14:10 h)				
14:10-15:10	Build Your Bal Bernard & Anne-Helene	Max-ish! - Maxie Dorfs' Favorite Moves But With A New Twist! Joel & Valerie	Moves & Variations Mikey & Laura G.	Rock And Go Variations Olivier & Natasha
15:30-16:30	Artistic Movements (Blues) Mikey & Laura G.	Aerials (adv) ** Michael & Evita	Balboa Competition:* How To Place Your Flashy Figures Olivier & Natasha	Tap Chazz

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Monday

Monday	BW Int	BW Adv	LH Int	LH Adv
11:00-12:00	Energy Nicolas & Mikaela	Triple-Lead (Rock&Go) Pasha & Dasha	The New School (2) Juan & Sharon	Jam Session Pontus & Isabella
12:20-13:20	Fast Figures Pasha & Dasha	Music Fun! Thorbjørn & Susanne	Tandem Moves William & Maeva	Leading & Following For The Advanced Dancer! Nicolas & Mikaela
Lunch Break (13:20-14:10 h)				
14:10-15:10	Jazz Up Your Boogie Woogie William & Maeva	50's Inspirations Remy K. & Moe	Lindy Feel Thomas & Alice	Broadway Baby! Michael & Evita
15:30-16:30	Be Cool (Acrobatics)** William & Maeva	Boogie Flash Mob Pontus & Isabella	Slides Juan	Traditional Jazz Routine (int-) Michael & Evita

Monday	Balboa Int	Balboa Adv	Shag Int/Adv	Burlesque
11:00-12:00	Quick Break Olivier & Natasha	That was Awesome! Jeremy & Laura K.	Collegiate Shagston! Stephen & Fancy	Burlesque Pin Up Dancing Silvia
12:20-13:20	The Art of Bal-Swing Jeremy & Laura K.	I Found It Joel & Valerie	Single & Double Time Cross Kicks Sergey & Yulia	Burlesque Fan Dance Silvia
Lunch Break (13:20-14:10 h)				
14:10-15:10	Help! I Think My Throw Out Needs A Makeover! Joel & Valerie	Balance Your Dance Between Pure Bal And Bal-Swing Olivier & Natasha	Music & Dynamics Jeremy & Laura K.	Art of the Seductress Sharon
15:30-16:30	Peabody Joel & Valerie	Jazz & Tap Thomas & Alice	Footwork Variations & Styling Pasha & Dasha	Burlesque: Shimmy & Shake Sharon

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